

5km McGregor Mug Run 2018

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
1	JOAQUIM LOURENCO	HARROW, AR	M: 1	RUNNER	155	00:18:55.95	03:47	15.8kph	Overall Male: 1
2	MIKE DONAIS	WINDSOR, CAN	M: 2	RUNNER	5	00:20:37.93	04:07	14.5kph	Overall Male: 2
3	STEVEN ROY	TECUMSEH, AR	M: 3	RUNNER	207	00:20:42.70	04:08	14.5kph	Overall Male: 3
4	JOE HAMELIN	BELLE RIVER, AR	M: 4	RUNNER	114	00:20:56.85	04:11	14.3kph	Male 40 - 49: 1
5	SHAWN FINN	WINDSOR, AR	M: 5	RUNNER	104	00:20:59.81	04:11	14.3kph	Male 50 - 59: 1
6	JAMES SHAW	AMHERSTBURG, AR	M: 6	RUNNER	214	00:21:32.68	04:18	13.9kph	Male 10 - 19: 1
7	MICHAEL VERHOEVEN	CHATHAM, AR	M: 7	RUNNER	237	00:21:44.49	04:20	13.8kph	Male 30 - 39: 1
8	JERRY PARDO	WINDSOR, CAN	M: 8	RUNNER	39	00:21:44.87	04:20	13.8kph	Male 50 - 59: 2
9	SETH SHAW	AMHERSTBURG, AR	M: 9	RUNNER	218	00:21:47.28	04:21	13.8kph	Male 10 - 19: 2
10	JESSE DIGIOVANNI	AMHERSTBURG, AR	M: 10	RUNNER	97	00:21:56.86	04:23	13.7kph	Male 30 - 39: 2
11	ABE PETERS	COTTAM, AR	M: 11	RUNNER	184	00:22:07.14	04:25	13.6kph	Male 30 - 39: 3
12	KELLY JEAN	BELLE RIVER, AR	F: 1	RUNNER	138	00:22:31.95	04:30	13.3kph	Overall Female: 1
13	ROBERT LALIBERTE	EMERYVILLE, AR	M: 12	RUNNER	146	00:22:39.03	04:31	13.2kph	Male 50 - 59: 3
14	MELISSA THORNTON	ESSEX, AR	F: 2	RUNNER	233	00:22:46.04	04:33	13.2kph	Overall Female: 2
15	TIM ROWLES	WINDSOR, CAN	M: 13	RUNNER	43	00:23:07.89	04:37	13.0kph	Male 30 - 39: 4
16	KEN DUFOUR		M: 14	RUNNER	264	00:23:13.39	04:38	12.9kph	Male 40 - 49: 2
17	DAVE BUECKERT	CHATHAM, AR	M: 15	RUNNER	83	00:23:37.41	04:43	12.7kph	Male 60 - 69: 1
18	DAVE KRAHN	COTTAM, AR	M: 16	RUNNER	145	00:23:51.83	04:46	12.6kph	Male 10 - 19: 3
19	ANDREA MCLEOD	WINDSOR, AR	F: 3	RUNNER	161	00:24:02.23	04:48	12.5kph	Overall Female: 3
20	XAVIER SPRIET	WINDSOR, AR	M: 17	RUNNER	226	00:24:20.72	04:52	12.3kph	Male 30 - 39: 5
21	ARTHUR HORTON	LASALLE, AR	M: 18	RUNNER	127	00:24:23.87	04:52	12.3kph	Male 30 - 39: 6
22	BRYAN BEDARD	WINDSOR, AR	M: 19	RUNNER	72	00:24:31.51	04:54	12.2kph	Male 40 - 49: 3
23	CAYDEN CURRIE		M: 20	RUNNER	255	00:24:38.20	04:55	12.2kph	Male 10 - 19: 4
24	JEROME COWGILL	WINDSOR, CAN	M: 21	RUNNER	21	00:24:51.28	04:58	12.1kph	Male 40 - 49: 4
25	CARA SHAW	AMHERSTBURG, AR	F: 4	RUNNER	213	00:24:58.56	04:59	12.0kph	Female 20 - 29: 1
26	TOM DICKIE	ESSEX, AR	M: 22	RUNNER	95	00:25:04.45	05:00	12.0kph	Male 70 - 79: 1
27	JEREMY BOMBARDIER	WINDSOR, CAN	M: 23	RUNNER	48	00:25:14.98	05:02	11.9kph	Male 10 - 19: 5
28	KIKI RICORD	WINDSOR, CAN	F: 5	RUNNER	19	00:25:20.29	05:04	11.8kph	Female 30 - 39: 1
29	KARL NEUDORF	COTTAM, AR	M: 24	RUNNER	175	00:25:43.07	05:08	11.7kph	Male 60 - 69: 2
30	GREG HEUCHAN	WINDSOR, AR	M: 25	RUNNER	120	00:25:47.53	05:09	11.6kph	Male 30 - 39: 7
31	JEFF JACQUES		M: 26	RUNNER	267	00:25:51.87	05:10	11.6kph	Male 40 - 49: 5
32	LANCE BROWN	AMHERSTBURG, AR	M: 27	RUNNER	81	00:26:03.06	05:12	11.5kph	Male 40 - 49: 6
33	JASON HOLDAWAY	AMHERSTBURG, AR	M: 28	RUNNER	126	00:26:11.99	05:14	11.5kph	Male 20 - 29: 1
34	PAUL SHAW	AMHERSTBURG, AR	M: 29	RUNNER	217	00:26:16.45	05:15	11.4kph	Male 40 - 49: 7
35	CHRIS QUEEN	MCGREGOR, AR	M: 30	RUNNER	193	00:26:22.26	05:16	11.4kph	Male 30 - 39: 8
36	MARK REEB	MCGREGOR, AR	M: 31	RUNNER	195	00:26:25.10	05:17	11.4kph	Male 30 - 39: 9
37	TESSA HUNT		F: 6	RUNNER	301	00:26:32.51	05:18	11.3kph	Female 20 - 29: 2
38	SHAE SHAW	AMHERSTBURG, AR	F: 7	RUNNER	219	00:26:38.47	05:19	11.3kph	Female 10 - 19: 1
39	MICHAEL BROWN	LASALLE, AR	M: 32	RUNNER	82	00:26:42.49	05:20	11.2kph	Male 30 - 39: 10
40	KIM SCOTT	WINDSOR, CAN	F: 8	RUNNER	7	00:26:47.01	05:21	11.2kph	Female 30 - 39: 2
41	TABITHA QUEEN	MCGREGOR, AR	F: 9	RUNNER	194	00:26:56.85	05:23	11.1kph	Female 30 - 39: 3
42	BRENDAN CURRIE		M: 33	RUNNER	254	00:27:08.03	05:25	11.1kph	Male 10 - 19: 6
43	DAN MEUNIER	WINDSOR, CAN	M: 34	RUNNER	15	00:27:09.61	05:25	11.0kph	Male 50 - 59: 4
44	BRANDON ROWE	WINDSOR, AR	M: 35	RUNNER	206	00:27:10.20	05:26	11.0kph	Male 30 - 39: 11
45	JENA MCCLOSKEY		F: 10	RUNNER	271	00:27:18.25	05:27	11.0kph	Female 30 - 39: 4
46	DAVE GERARD	ESSEX, AR	M: 36	RUNNER	108	00:27:19.76	05:27	11.0kph	Male 50 - 59: 5
47	DEBBIE HEBERT	WINDSOR, CAN	F: 11	RUNNER	38	00:27:24.72	05:28	10.9kph	Female 50 - 59: 1
48	BRIAN JEAN	BELLE RIVER, AR	M: 37	RUNNER	137	00:27:25.77	05:29	10.9kph	Male 40 - 49: 8
49	BRAD KOHUCH	WINDSOR, AR	M: 38	RUNNER	143	00:27:28.23	05:29	10.9kph	Male 40 - 49: 9
50	CHRIS JAQUES		M: 39	RUNNER	281	00:27:28.93	05:29	10.9kph	Male 30 - 39: 12
51	DAVID JANISSE	TECUMSEH, AR	M: 40	RUNNER	131	00:27:29.87	05:29	10.9kph	Male 30 - 39: 13
52	FRANCOIS DUFAULT	COLCHESTER, AR	M: 41	RUNNER	100	00:27:37.25	05:31	10.9kph	Male 40 - 49: 10
53	RICH LIMOGES	WINDSOR, AR	M: 42	RUNNER	151	00:27:50.57	05:34	10.8kph	Male 30 - 39: 14
54	BRADLEY PATTISON	WINDSOR, AR	M: 43	RUNNER	181	00:27:50.83	05:34	10.8kph	Male 30 - 39: 15
55	KEN OUELLETTE	WINDSOR, AR	M: 44	RUNNER	180	00:27:52.53	05:34	10.8kph	Male 40 - 49: 11
56	ALICIA SHAW	AMHERSTBURG, AR	F: 12	RUNNER	212	00:27:54.47	05:34	10.7kph	Female 10 - 19: 2
57	LISA HEWARD	TINY, AR	F: 13	RUNNER	122	00:27:57.41	05:35	10.7kph	Female 30 - 39: 5
58	STEVE GAGNON	KINGSVILLE, AR	M: 45	RUNNER	107	00:27:59.24	05:35	10.7kph	Male 30 - 39: 16
59	SANDY NEUDORF	COTTAM, AR	F: 14	RUNNER	176	00:27:59.67	05:35	10.7kph	Female 50 - 59: 2
60	PATRICIA WEINZ	WINDSOR, CAN	F: 15	RUNNER	33	00:28:02.91	05:36	10.7kph	Female 50 - 59: 3
61	CLIFF HAYWARD	WINDSOR, CAN	M: 46	RUNNER	53	00:28:07.50	05:37	10.7kph	Male 50 - 59: 6
62	JOHN STEVENSON	WINDSOR, CAN	M: 47	RUNNER	27	00:28:13.16	05:38	10.6kph	Male 50 - 59: 7

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Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
63	TEDDY KHADRA	WINDSOR, CAN	M: 48	RUNNER	9	00:28:17.84	05:39	10.6kph	Male 20 - 29: 2
64	TIMOTHY THORNTON	ESSEX, AR	M: 49	RUNNER	234	00:28:19.76	05:39	10.6kph	Male 30 - 39: 17
65	ADRIANA KOPCOCK	WINDSOR, CAN	F: 16	RUNNER	6	00:28:28.66	05:41	10.5kph	Female 10 - 19: 3
66	JUSTIN HUNT		M: 50	RUNNER	302	00:28:30.62	05:42	10.5kph	Male 30 - 39: 18
67	KERI BAKER	TECUMSEH, AR	F: 17	RUNNER	69	00:28:37.26	05:43	10.5kph	Female 30 - 39: 6
68	MARY KOSEK	WINDSOR, CAN	F: 18	RUNNER	34	00:28:47.95	05:45	10.4kph	Female 50 - 59: 4
69	CHRISANDRA ROLLINS	WINDSOR, AR	F: 19	RUNNER	204	00:28:49.86	05:45	10.4kph	Female 30 - 39: 7
70	DANIELA BERTUCCI	WINDSOR, AR	F: 20	RUNNER	75	00:29:22.75	05:52	10.2kph	Female 20 - 29: 3
71	MATT MCGUIRE		M: 51	RUNNER	270	00:29:25.86	05:53	10.2kph	Male 20 - 29: 3
72	ALEISHA BAUHAUS	LEAMINGTON, AR	F: 21	RUNNER	71	00:29:26.09	05:53	10.2kph	Female 30 - 39: 8
73	RICHARD BEZAIRE	WINDSOR, CAN	M: 52	RUNNER	14	00:29:35.17	05:55	10.1kph	Male 50 - 59: 8
74	JULIA BAKER	WINDSOR, CAN	F: 22	RUNNER	60	00:29:35.45	05:55	10.1kph	Female 40 - 49: 1
75	WILLIAM LOOTENS	ESSEX, AR	M: 53	RUNNER	154	00:29:37.22	05:55	10.1kph	Male 40 - 49: 12
76	RYAN MCLEOD	LASALLE, AR	M: 54	RUNNER	162	00:29:41.53	05:56	10.1kph	Male 30 - 39: 19
77	JIANFENG WANG	WINDSOR, CAN	M: 55	RUNNER	28	00:29:46.75	05:57	10.1kph	Male 50 - 59: 9
78	JENESSA SHAW	AMHERSTBURG, AR	F: 23	RUNNER	215	00:29:47.17	05:57	10.1kph	Female 20 - 29: 4
79	LINDA FRASIER		F: 24	RUNNER	262	00:29:49.64	05:57	10.1kph	Female 50 - 59: 5
80	LYNN ATKINSON	AMHERSTBURG, AR	F: 25	RUNNER	64	00:29:49.73	05:57	10.1kph	Female 50 - 59: 6
81	ROSE LOW	AMHERSTBURG, AR	F: 26	RUNNER	263	00:29:50.84	05:58	10.1kph	Female 50 - 59: 7
82	JAY COTTRELL	LAKESHORE, AR	M: 56	RUNNER	92	00:29:52.24	05:58	10.0kph	Male 40 - 49: 13
83	JENNIFER SHAW	AMHERSTBURG, AR	F: 27	RUNNER	216	00:29:56.62	05:59	10.0kph	Female 40 - 49: 2
84	KEVYN JANISSE	TECUMSEH, AR	F: 28	RUNNER	134	00:29:58.66	05:59	10.0kph	Female 30 - 39: 9
85	ABBY REISNER	WINDSOR, AR	F: 29	RUNNER	199	00:30:15.08	06:03	9.9kph	Female 30 - 39: 10
86	SARA MALANA	WINDSOR, CAN	F: 30	RUNNER	36	00:30:30.13	06:06	9.8kph	Female 30 - 39: 11
87	DANIELLE ASCIAK	WINDSOR, CAN	F: 31	RUNNER	23	00:30:32.20	06:06	9.8kph	Female 30 - 39: 12
88	PAVEL DAROS	WINDSOR, CAN	M: 57	RUNNER	35	00:30:40.40	06:08	9.8kph	Male 30 - 39: 20
89	KEN DROUILLARD	WINDSOR, AR	M: 58	RUNNER	98	00:30:41.05	06:08	9.8kph	Male 40 - 49: 14
90	TERRI BUECKERT	CHATHAM, AR	F: 32	RUNNER	84	00:30:42.47	06:08	9.8kph	Female 50 - 59: 8
91	JAMIE MEYER	WINDSOR, AR	M: 59	RUNNER	165	00:30:48.50	06:09	9.7kph	Male 30 - 39: 21
92	THIAGO FAGIONATO	WINDSOR, AR	M: 60	RUNNER	103	00:30:51.22	06:10	9.7kph	Male 30 - 39: 22
93	LOGAN BOMBARDIER	WINDSOR, CAN	M: 61	RUNNER	47	00:30:54.94	06:10	9.7kph	Male 10 - 19: 7
94	ANDY 1 PETERSON		M: 62	RUNNER	260	00:31:01.33	06:12	9.7kph	Male 0 - 9: 1
95	ANDY 2 PETERSON		M: 63	RUNNER	261	00:31:02.53	06:12	9.7kph	Male 0 - 9: 2
96	JASON COWGILL	WINDSOR, CAN	M: 64	RUNNER	20	00:31:06.07	06:13	9.6kph	Male 40 - 49: 15
97	CHARLY RENAUD		F: 33	RUNNER	278	00:31:11.36	06:14	9.6kph	Female 20 - 29: 5
98	ERIC BOMBARDIER	WINDSOR, CAN	M: 65	RUNNER	49	00:31:13.02	06:14	9.6kph	Male 10 - 19: 8
99	STEPHANIE MCQUEEN	BLENHEIM, AR	F: 34	RUNNER	163	00:31:30.44	06:18	9.5kph	Female 40 - 49: 3
100	JAMIE BOMBARDIER	WINDSOR, CAN	M: 66	RUNNER	46	00:31:31.53	06:18	9.5kph	Male 40 - 49: 16
101	KELLY SMITH	CHATHAM, AR	F: 35	RUNNER	223	00:31:34.86	06:18	9.5kph	Female 20 - 29: 6
102	CHRIS MCPHEDRAN	WINDSOR, CAN	M: 67	RUNNER	10	00:31:49.20	06:21	9.4kph	Male 40 - 49: 17
103	BILL MAYVILLE	WINDSOR, AR	M: 68	RUNNER	157	00:32:00.93	06:24	9.4kph	Male 50 - 59: 10
104	JODY SIMONE	WINDSOR, AR	F: 36	RUNNER	221	00:32:06.68	06:25	9.3kph	Female 40 - 49: 4
105	DAVID BAKER	WINDSOR, CAN	M: 69	RUNNER	59	00:32:08.43	06:25	9.3kph	Male 40 - 49: 18
106	LYNN CHARRON	WINDSOR, AR	F: 37	RUNNER	91	00:32:16.09	06:27	9.3kph	Female 30 - 39: 13
107	TAMMY SNIVELY	KINGSVILLE, AR	F: 38	RUNNER	224	00:32:21.82	06:28	9.3kph	Female 50 - 59: 9
108	JO-ANNE SPITSE		F: 39	RUNNER	273	00:32:23.22	06:28	9.3kph	Female 50 - 59: 10
109	SHANNON MEYER	WINDSOR, AR	F: 40	RUNNER	166	00:32:27.60	06:29	9.2kph	Female 30 - 39: 14
110	SHAWN KENNEDY	MCGREGOR, AR	M: 70	RUNNER	140	00:32:32.37	06:30	9.2kph	Male 40 - 49: 19
111	EMILY MORAND	BELLE RIVER, AR	F: 41	RUNNER	170	00:32:35.61	06:31	9.2kph	Female 30 - 39: 15
112	STEPHANIE KEYES	WINDSOR, AR	F: 42	RUNNER	142	00:32:47.11	06:33	9.2kph	Female 30 - 39: 16
113	JANET MAYVILLE	LASALLE, AR	F: 43	RUNNER	158	00:32:50.90	06:34	9.1kph	Female 50 - 59: 11
114	JASON MCDONALD	WINDSOR, AR	M: 71	RUNNER	160	00:32:51.67	06:34	9.1kph	Male 30 - 39: 23
115	SHAWNA REGAN	CHATHAM, AR	F: 44	RUNNER	196	00:33:00.43	06:36	9.1kph	Female 30 - 39: 17
116	STEVE KENNY	WINDSOR, AR	M: 72	RUNNER	141	00:33:08.76	06:37	9.1kph	Male 30 - 39: 24
117	NICOLE DUQUETTE		F: 45	RUNNER	275	00:33:22.62	06:40	9.0kph	Female 30 - 39: 18
118	DEB USZYNSKY		F: 46	RUNNER	250	00:33:23.75	06:40	9.0kph	Female 50 - 59: 12
119	JOEL SCHUSTER	WINDSOR, AR	M: 73	RUNNER	210	00:33:27.78	06:41	9.0kph	Male 30 - 39: 25
120	MATT MORAND	BELLE RIVER, AR	M: 74	RUNNER	171	00:33:40.65	06:44	8.9kph	Male 30 - 39: 26
121	BRYAN ARNOLD	LASALLE, AR	M: 75	RUNNER	62	00:33:45.87	06:45	8.9kph	Male 40 - 49: 20
122	CRISSY LANGLEY	WINDSOR, AR	F: 47	RUNNER	148	00:33:46.23	06:45	8.9kph	Female 30 - 39: 19
123	JOHN SPITSE		M: 76	RUNNER	274	00:34:02.84	06:48	8.8kph	Male 50 - 59: 11
124	JORDAN RIVINGTON	LASALLE, AR	M: 77	RUNNER	201	00:34:08.63	06:49	8.8kph	Male 30 - 39: 27

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125	FOUAD KHADRA	WINDSOR, CAN	M: 78	RUNNER	8	00:34:09.53	06:49	8.8kph	Male 20 - 29: 4
126	GREG CARR	AMHERSTBURG, AR	M: 79	RUNNER	85	00:34:43.22	06:56	8.6kph	Male 50 - 59: 12
127	MIKE LEARN	WINDSOR, AR	M: 80	RUNNER	150	00:34:52.53	06:58	8.6kph	Male 40 - 49: 21
128	BILL GRAY	WINDSOR, CAN	M: 81	RUNNER	37	00:35:03.16	07:00	8.6kph	Male 50 - 59: 13
129	EMILY GYORI	AMHERSTBURG, AR	F: 48	RUNNER	113	00:35:26.09	07:05	8.5kph	Female 20 - 29: 7
130	BRIAN LANGLEY	WINDSOR, AR	M: 82	RUNNER	147	00:35:40.26	07:08	8.4kph	Male 30 - 39: 28
131	VLADKO SULJA	TECUMSEH, AR	M: 83	RUNNER	230	00:36:07.30	07:13	8.3kph	Male 30 - 39: 29
132	RENEE FOX	AMHERSTBURG, AR	F: 49	RUNNER	105	00:36:40.53	07:20	8.2kph	Female 20 - 29: 8
133	GRACE WONHAM	AMHERSTBURG, AR	F: 50	RUNNER	245	00:36:43.99	07:20	8.2kph	Female 10 - 19: 4
134	CARY SOBRY	AMHERSTBURG, AR	F: 51	RUNNER	225	00:36:56.33	07:23	8.1kph	Female 40 - 49: 5
135	KARLIE TOOMBS	OAKVILLE, AR	F: 52	RUNNER	235	00:37:01.53	07:24	8.1kph	Female 30 - 39: 20
136	STEVE VELDHIJS	AMHERSTBURG, AR	M: 84	RUNNER	236	00:37:09.31	07:25	8.1kph	Male 40 - 49: 22
137	DR. MICHAEL JANISSE	HARROW, AR	M: 85	RUNNER	132	00:37:10.55	07:26	8.1kph	Male 40 - 49: 23
138	MAME LAVIOLETTE	MAIDSTONE, AR	F: 53	RUNNER	149	00:37:18.12	07:27	8.0kph	Female 30 - 39: 21
139	STEVEN CASSANO	OAKVILLE, AR	M: 86	RUNNER	86	00:37:20.97	07:28	8.0kph	Male 30 - 39: 30
140	PETER WONHAM	AMHERSTBURG, AR	M: 87	RUNNER	247	00:37:28.27	07:29	8.0kph	Male 40 - 49: 24
141	CHRISTINE BOAKES	WINDSOR, AR	F: 54	RUNNER	77	00:37:57.72	07:35	7.9kph	Female 50 - 59: 13
142	BRIAN DANIELON	WINDSOR, CAN	M: 88	RUNNER	1	00:37:58.52	07:35	7.9kph	Male 30 - 39: 31
143	CRISTAL DANIELON	WINDSOR, CAN	F: 55	RUNNER	2	00:37:59.40	07:35	7.9kph	Female 30 - 39: 22
144	DENISE BUTCHER		F: 56	RUNNER	279	00:38:07.42	07:37	7.9kph	Female 40 - 49: 6
145	SARAH EARLE	WINDSOR, AR	F: 57	RUNNER	101	00:39:13.18	07:50	7.6kph	Female 40 - 49: 7
146	MICHAEL STRONG	MAIDSTONE, AR	M: 89	RUNNER	227	00:39:23.53	07:52	7.6kph	Male 30 - 39: 32
147	LAUREN BRATT	AMHERSTBURG, AR	F: 58	RUNNER	78	00:39:42.84	07:56	7.6kph	Female 10 - 19: 5
148	MARY LOURENCO	HARROW, AR	F: 59	RUNNER	156	00:40:22.60	08:04	7.4kph	Female 40 - 49: 8
149	KENDAL WONHAM	AMHERSTBURG, AR	F: 60	RUNNER	246	00:41:00.57	08:12	7.3kph	Female 0 - 9: 1
150	BOBBY JO WONHAM	AMHERSTBURG, AR	F: 61	RUNNER	244	00:41:01.27	08:12	7.3kph	Female 40 - 49: 9
151	JENN SADAI	WINDSOR, AR	F: 62	RUNNER	209	00:41:11.70	08:14	7.3kph	Female 30 - 39: 23
152	MATT WILSON	AMHERSTBURG, AR	M: 90	RUNNER	243	00:41:56.35	08:23	7.2kph	Male 30 - 39: 33
153	KAREN ROBSON	AMHERSTBURG, AR	F: 63	RUNNER	203	00:41:58.36	08:23	7.1kph	Female 30 - 39: 24
154	ANDREW HEIJ	WATERLOO, AR	M: 91	RUNNER	117	00:42:04.63	08:24	7.1kph	Male 30 - 39: 34
155	ANNA HERRERA	WINDSOR, AR	F: 64	RUNNER	119	00:42:45.48	08:33	7.0kph	Female 40 - 49: 10
156	SHELLEY HRBAK	MCGREGOR, AR	F: 65	RUNNER	128	00:42:48.66	08:33	7.0kph	Female 40 - 49: 11
157	KRISTEN DIOTTE	WINDSOR, CAN	F: 66	RUNNER	11	00:43:36.40	08:43	6.9kph	Female 20 - 29: 9
158	LAURA PROFOTA	DRESDEN, AR	F: 67	RUNNER	187	00:43:42.30	08:44	6.9kph	Female 30 - 39: 25
159	MONICA HARWOOD	CHATHAM, AR	F: 68	RUNNER	116	00:43:43.73	08:44	6.9kph	Female 20 - 29: 10
160	MARGARET TAYLOR	BLENHEIM, AR	F: 69	RUNNER	231	00:43:44.59	08:44	6.9kph	Female 30 - 39: 26
161	CATHY CAUGHY	WINDSOR, AR	F: 70	RUNNER	89	00:43:52.58	08:46	6.8kph	Female 30 - 39: 27
162	AL RICORD	WINDSOR, CAN	M: 92	RUNNER	18	00:43:59.04	08:47	6.8kph	Male 30 - 39: 35
163	HENED BAETENS	WINDSOR, CAN	F: 71	RUNNER	58	00:44:19.06	08:51	6.8kph	Female 50 - 59: 14
164	RICK BAETENS	WINDSOR, CAN	M: 93	RUNNER	57	00:44:19.47	08:51	6.8kph	Male 50 - 59: 14
165	SHERI ROWLES	WINDSOR, CAN	F: 72	RUNNER	45	00:44:35.90	08:55	6.7kph	Female 30 - 39: 28
166	NICHOLE STRONG	MCGREGOR, AR	F: 73	RUNNER	229	00:47:27.32	09:29	6.3kph	Female 30 - 39: 29
167	DALE MORAND	MCGREGOR, AR	M: 94	RUNNER	169	00:47:27.54	09:29	6.3kph	Male 30 - 39: 36
168	DAWN CHAPPELLE	SARNIA, AR	F: 74	RUNNER	90	00:48:36.98	09:43	6.2kph	Female 40 - 49: 12
169	JAMIE REGIER	SARNIA, AR	M: 95	RUNNER	197	00:48:37.26	09:43	6.2kph	Male 40 - 49: 25
170	WAYNE HAYWARD	WINDSOR, CAN	M: 96	RUNNER	56	00:49:04.81	09:48	6.1kph	Male 50 - 59: 15
171	SIERRA HAAS	WINDSOR, CAN	F: 75	RUNNER	12	00:49:14.96	09:50	6.1kph	Female 20 - 29: 11
172	JOHN MAGIARO	WINDSOR, CAN	M: 97	RUNNER	13	00:49:18.15	09:51	6.1kph	Male 20 - 29: 5
173	MELISSA YOST	LASALLE, AR	F: 76	RUNNER	249	00:49:21.46	09:52	6.1kph	Female 30 - 39: 30
174	DAN DESCHAMPS	WINDSOR, AR	M: 98	RUNNER	94	00:49:25.75	09:53	6.1kph	Male 50 - 59: 16
175	ANDREW GRUENING		M: 99	RUNNER	253	00:50:07.93	10:01	6.0kph	Male 40 - 49: 26
176	SHEILA RUGGABER	BELLE RIVER, AR	F: 77	RUNNER	208	00:50:12.23	10:02	6.0kph	Female 30 - 39: 31
177	HEATHER GAGNON	KINGSVILLE, AR	F: 78	RUNNER	106	00:50:21.94	10:04	6.0kph	Female 30 - 39: 32
178	YVONNE CURRIE		F: 79	RUNNER	257	00:50:31.02	10:06	5.9kph	Female 40 - 49: 13
179	DARRYL CURRIE		M: 100	RUNNER	256	00:50:31.74	10:06	5.9kph	Male 40 - 49: 27
180	JENNIFER BROWN	AMHERSTBURG, AR	F: 80	RUNNER	80	00:50:47.03	10:09	5.9kph	Female 40 - 49: 14
181	ERIN BAKER	AMHERSTBURG, AR	F: 81	RUNNER	68	00:50:52.16	10:10	5.9kph	Female 40 - 49: 15
182	CHRIS USZYNSKY		M: 101	RUNNER	251	00:50:58.23	10:11	5.9kph	Male 40 - 49: 28
183	FRANCO INCITTI	KINGSVILLE, AR	M: 102	RUNNER	130	00:51:11.37	10:14	5.9kph	Male 60 - 69: 3
184	DAWN BEZAIRE	HARROW, AR	F: 82	RUNNER	76	00:51:42.50	10:20	5.8kph	Female 40 - 49: 16
185	SHERRY BOXALL		F: 83	RUNNER	252	00:51:51.12	10:22	5.8kph	Female 40 - 49: 17
186	ELAINE INCITTI	KINGSVILLE, AR	F: 84	RUNNER	129	00:51:51.43	10:22	5.8kph	Female 50 - 59: 15

5km McGregor Mug Run 2018

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
187	LEA MACERA	WINDSOR, CAN	F: 85	RUNNER	32	00:51:57.90	10:23	5.8kph	Female 40 - 49: 18
188	GARNET GIGNAC	WINDSOR, CAN	M: 103	RUNNER	29	00:51:58.96	10:23	5.8kph	Male 40 - 49: 29
189	EDDIE VARGAS	WINDSOR, CAN	M: 104	RUNNER	54	00:52:00.73	10:24	5.8kph	Male 50 - 59: 17
190	ROGER REARDON	WINDSOR, CAN	M: 105	RUNNER	52	00:52:05.94	10:25	5.8kph	Male 60 - 69: 4
191	VICKY PARDO	WINDSOR, CAN	F: 86	RUNNER	40	00:52:11.74	10:26	5.7kph	Female 50 - 59: 16
192	JILL MCPHEDRAN	WINDSOR, CAN	F: 87	RUNNER	26	00:52:12.99	10:26	5.7kph	Female 30 - 39: 33
193	MELANIE BOOKER	WINDSOR, CAN	F: 88	RUNNER	22	00:52:13.64	10:26	5.7kph	Female 40 - 49: 19
194	BONNIE CASSAR	KINGSVILLE, AR	F: 89	RUNNER	87	00:52:41.41	10:32	5.7kph	Female 40 - 49: 20
195	KIMBERLY QUADRINI	KINGSVILLE, AR	F: 90	RUNNER	190	00:52:47.30	10:33	5.7kph	Female 50 - 59: 17
196	MIKE DROUILLARD	WINDSOR, AR	M: 106	RUNNER	99	00:52:48.31	10:33	5.7kph	Male 40 - 49: 30
197	SHELLEY HAYWARD	WINDSOR, CAN	F: 91	RUNNER	55	00:53:23.20	10:40	5.6kph	Female 50 - 59: 18
198	SCOTT ROLLINS	WINDSOR, AR	M: 107	RUNNER	205	00:53:42.89	10:44	5.6kph	Male 30 - 39: 37
199	KYLE HARNDEN	ESSEX, AR	M: 108	RUNNER	115	00:53:43.11	10:44	5.6kph	Male 30 - 39: 38
200	JOHN MORRELL	WINDSOR, CAN	M: 109	RUNNER	30	00:54:47.97	10:57	5.5kph	Male 50 - 59: 18
201	SHERRY MORRELL	WINDSOR, CAN	F: 92	RUNNER	31	00:54:53.23	10:58	5.5kph	Female 50 - 59: 19
202	NANDO QUADRINI	ORILLIA, AR	M: 110	RUNNER	191	00:55:34.06	11:06	5.4kph	Male 50 - 59: 19
203	TAMMY MILLER		F: 93	RUNNER	276	00:55:56.30	11:11	5.4kph	Female 40 - 49: 21
204	JERRY MILLER		M: 111	RUNNER	277	00:56:01.52	11:12	5.4kph	Male 60 - 69: 5
205	MARK CASSAR	KINGSVILLE, AR	M: 112	RUNNER	88	00:56:12.57	11:14	5.3kph	Male 40 - 49: 31
206	BAILEY PURCKA	LASALLE, AR	F: 94	RUNNER	188	00:56:56.05	11:23	5.3kph	Female 20 - 29: 12
207	LONNIE ROBICHAUD	LASALLE, AR	M: 113	RUNNER	202	00:57:01.94	11:24	5.3kph	Male 40 - 49: 32
208	TRINA PURCKA	LASALLE, AR	F: 95	RUNNER	189	00:57:27.88	11:29	5.2kph	Female 40 - 49: 22
209	MATT GERARD		M: 114	RUNNER	266	00:58:02.41	11:36	5.2kph	Male 40 - 49: 33
210	DEB MOSKAL	KITCHENER, AR	F: 96	RUNNER	174	00:58:07.39	11:37	5.2kph	Female 60 - 69: 1
211	JAMES JAQUES	AMHERSTBURG, AR	M: 115	RUNNER	136	00:58:10.90	11:38	5.2kph	Male 70 - 79: 2
212	DON KOWALCHUK	AMHERSTBURG, AR	M: 116	RUNNER	144	00:59:07.01	11:49	5.1kph	Male 60 - 69: 6