	Athlete	Yr.	#	Time	PTSO	Declared Team	Team Division	Place on Team		Team Place	Total Time
					F	emale 30-39					
66	Sarah Nagy	51	1748	33:20.9	ON	Newmarket Huskies Track Club B	Female 30-39	1			
77	Jessica Shaw	35	1946	34:31.2	ON	Newmarket Huskies Track Club B	Female 30-39	2			
112	Angela Driscoll	50	1267	38:15.7	ON	Newmarket Huskies Track Club B	Female 30-39	3	255		01:46:0
					F	emale 40-49					
69	Joan Chung	41	1171	33:38.1	ON	DVTC B	Female 40-49	1			
83	Heather Pady	51	1782	35:04.2	ON	DVTC B	Female 40-49	2			
91	Colleen Coxson	49	1209	35:53.2	ON	DVTC B	Female 40-49	3	243		01:44:
					F	emale 60-69					
	D. D		1000								
128	Rita Botelho	64		40:57.1	ON		Female 60-69	1	0	1	04:04
129	Makie Ohler		2174	40:57.6	ON		Female 60-69	2	257	1	01:21:
131	Laura Money		1716	41:39.7	ON	3. 1	Female 60-69	1	000	2	04:00
132	Kim Russel Brooks	67		41:43.8	ON	3. 1	Female 60-69	2	263		01:23:
138	Nancy Fulton	64		45:35.2	ON		Female 60-69	1	070	3	04:04
140	Melinda Tomek	64	2044	45:45.6	ON	Thames Athletics Club D	Female 60-69	2	278	3	01:31:
					ľ	Male 30-39					
46	Alex Farrell	48	1296	31:16.5	ON	London Western Track and Field Clu	Male 30-30	1		1	
48	Jason Eddy	46		31:29.4	ON	London Western Track and Field Clu		2		1	
50	Matthew Ottaway	39		31:32.2	ON	London Western Track and Field Clu		3	144		01:34:
78	Michael Perczyszyn		1778	34:36.2	ON	London Western Track and Field Clu		4	144	1	01.34
70	Michael Ferczyszym	33	1799	34.30.2	ON	London Western Track and Field Cid	iviale 30-39	4		1	
					N	Male 40-49					
5	Andrew Heppner	45	1445	28:47.2	ON		Male 40-49	1		1	
12	Brian Weigelt	44	2105	29:19.6	ON	UpRiver Running A	Male 40-49	2		1	
19	Scott Wiebe	44	2112	29:38.3	ON	UpRiver Running A	Male 40-49	3	36	1	01:27:
2	Derek Lincoln	40	1581	28:25.3	ON	London Western Track and Field Clu	Male 40-49	1		2	
9	Brian Byrne	48	1134	29:09.3	ON	London Western Track and Field Clu	Male 40-49	2		2	
0			1333	20.40 5			Male 40-49			2	01:27:
26	Andrew Galloway	40	- 30	30:12.5	ON	London Western Track and Field Clu	Maic 40 40	3	37		
	Andrew Galloway Ian Aseltine		1031	30:12.5 30:45.4	ON ON	London Western Track and Field Clu London Western Track and Field Clu		3	37	2	
26	-	43	1031			London Western Track and Field Clu			37	2	
26 38	Ian Aseltine	43 43	1031	30:45.4 28:48.1	ON	London Western Track and Field Clu Monarch Athletics A	Male 40-49	4	37		
26 38 6	Ian Aseltine Adam Hammond	43 43 43	1031 1422	30:45.4 28:48.1	ON ON	London Western Track and Field Clu Monarch Athletics A Monarch Athletics A	Male 40-49 Male 40-49	4	37 58	3	01:29:
26 38 6 23	Ian Aseltine Adam Hammond Pearce Fallis	43 43 43	1031 1422 1293 1476	30:45.4 28:48.1 30:07.5	ON ON	London Western Track and Field Clu Monarch Athletics A Monarch Athletics A Monarch Athletics A	Male 40-49 Male 40-49 Male 40-49	4 1 2		3	01:29:
26 38 6 23 29	lan Aseltine Adam Hammond Pearce Fallis Alex Hutchinson	43 43 43 49	1031 1422 1293 1476 1113	30:45.4 28:48.1 30:07.5 30:16.6	ON ON ON	London Western Track and Field Clu Monarch Athletics A Monarch Athletics A Monarch Athletics A Monarch Athletics A	Male 40-49 Male 40-49 Male 40-49 Male 40-49	4 1 2 3		3 3 3	01:29:
26 38 6 23 29 59	Ian Aseltine Adam Hammond Pearce Fallis Alex Hutchinson Jay Brecher	43 43 43 49 50	1031 1422 1293 1476 1113 2087	30:45.4 28:48.1 30:07.5 30:16.6 32:23.8	ON ON ON ON	London Western Track and Field Clu Monarch Athletics A Monarch Athletics A Monarch Athletics A Monarch Athletics A DVTC A	Male 40-49 Male 40-49 Male 40-49 Male 40-49 Male 40-49	4 1 2 3 4		3 3 3 3	01:29:
26 38 6 23 29 59 22	Ian Aseltine Adam Hammond Pearce Fallis Alex Hutchinson Jay Brecher Mark Vollmer	43 43 49 50 44	1031 1422 1293 1476 1113 2087 1358	30:45.4 28:48.1 30:07.5 30:16.6 32:23.8 29:57.0	ON ON ON ON ON	London Western Track and Field Clu Monarch Athletics A Monarch Athletics A Monarch Athletics A Monarch Athletics A DVTC A	Male 40-49 Male 40-49 Male 40-49 Male 40-49 Male 40-49	4 1 2 3 4		3 3 3 3 4 4	
26 38 6 23 29 59 22 34	Ian Aseltine Adam Hammond Pearce Fallis Alex Hutchinson Jay Brecher Mark Vollmer Michael Gill	43 43 49 50 44 47	1031 1422 1293 1476 1113 2087 1358 1297	30:45.4 28:48.1 30:07.5 30:16.6 32:23.8 29:57.0 30:29.7	ON ON ON ON ON ON ON	London Western Track and Field Clu Monarch Athletics A Monarch Athletics A Monarch Athletics A Monarch Athletics A DVTC A DVTC A	Male 40-49 Male 40-49 Male 40-49 Male 40-49 Male 40-49 Male 40-49	4 1 2 3 4 1 2	58	3 3 3 3 4 4	
26 38 6 23 29 59 22 34 36	Ian Aseltine Adam Hammond Pearce Fallis Alex Hutchinson Jay Brecher Mark Vollmer Michael Gill Paul Felix	43 43 49 50 44 47	1031 1422 1293 1476 1113 2087 1358 1297 1679	30:45.4 28:48.1 30:07.5 30:16.6 32:23.8 29:57.0 30:29.7 30:37.1	ON ON ON ON ON ON ON ON	London Western Track and Field Clu Monarch Athletics A Monarch Athletics A Monarch Athletics A Monarch Athletics A DVTC A DVTC A DVTC A	Male 40-49 Male 40-49 Male 40-49 Male 40-49 Male 40-49 Male 40-49 Male 40-49	4 1 2 3 4 1 2 3	58	3 3 3 3 4 4 4	
26 38 6 23 29 59 22 34 36 43	Ian Aseltine Adam Hammond Pearce Fallis Alex Hutchinson Jay Brecher Mark Vollmer Michael Gill Paul Felix Robert McGill	43 43 49 50 44 47 49	1031 1422 1293 1476 1113 2087 1358 1297 1679	30:45.4 28:48.1 30:07.5 30:16.6 32:23.8 29:57.0 30:29.7 30:37.1 31:06.6	ON	London Western Track and Field Clu Monarch Athletics A Monarch Athletics A Monarch Athletics A Monarch Athletics A DVTC A DVTC A DVTC A DVTC A Huntsville WERC B	Male 40-49	4 1 2 3 4 1 2 3 4	58	3 3 3 4 4 4 4	
26 38 6 23 29 59 22 34 36 43	lan Aseltine Adam Hammond Pearce Fallis Alex Hutchinson Jay Brecher Mark Vollmer Michael Gill Paul Felix Robert McGill Sinisa Simic	43 43 49 50 44 47 49 48 40	1031 1422 1293 1476 1113 2087 1358 1297 1679 1965 1612	30:45.4 28:48.1 30:07.5 30:16.6 32:23.8 29:57.0 30:29.7 30:37.1 31:06.6 30:12.7	ON	London Western Track and Field Clu Monarch Athletics A Monarch Athletics A Monarch Athletics A Monarch Athletics A DVTC A DVTC A DVTC A DVTC A Huntsville WERC B Huntsville WERC B	Male 40-49	4 1 2 3 4 1 2 3 4 1 2	58	3 3 3 3 4 4 4 4 5 5	01:31:
26 38 6 23 29 59 22 34 36 43 27	lan Aseltine Adam Hammond Pearce Fallis Alex Hutchinson Jay Brecher Mark Vollmer Michael Gill Paul Felix Robert McGill Sinisa Simic Shawn Macfarlane	43 43 49 50 44 47 49 48 40 42	1031 1422 1293 1476 1113 2087 1358 1297 1679 1965 1612 1865	30:45.4 28:48.1 30:07.5 30:16.6 32:23.8 29:57.0 30:29.7 30:37.1 31:06.6 30:12.7 30:16.0	ON	London Western Track and Field Clu Monarch Athletics A Monarch Athletics A Monarch Athletics A Monarch Athletics A DVTC A DVTC A DVTC A DVTC A Huntsville WERC B Huntsville WERC B Huntsville WERC B	Male 40-49	4 1 2 3 4 1 2 3 4 1 2	58	3 3 3 3 4 4 4 4 5 5	01:31:
26 38 6 23 29 59 22 34 36 43 27 28 37	Ian Aseltine Adam Hammond Pearce Fallis Alex Hutchinson Jay Brecher Mark Vollmer Michael Gill Paul Felix Robert McGill Sinisa Simic Shawn Macfarlane Brad Reiter	43 43 49 50 44 47 49 48 40 42 45 54	1031 1422 1293 1476 1113 2087 1358 1297 1679 1965 1612 1865	30:45.4 28:48.1 30:07.5 30:16.6 32:23.8 29:57.0 30:29.7 30:37.1 31:06.6 30:12.7 30:16.0 30:38.3 32:40.5	ON	London Western Track and Field Clu Monarch Athletics A Monarch Athletics A Monarch Athletics A Monarch Athletics A DVTC A DVTC A DVTC A DVTC A Huntsville WERC B	Male 40-49	4 1 2 3 4 1 2 3 4 1 1 2 3	58	3 3 3 3 4 4 4 4 5 5	01:31:
26 38 6 23 29 59 22 34 36 43 27 28 37	Ian Aseltine Adam Hammond Pearce Fallis Alex Hutchinson Jay Brecher Mark Vollmer Michael Gill Paul Felix Robert McGill Sinisa Simic Shawn Macfarlane Brad Reiter John Trojansek	43 43 49 50 44 47 49 48 40 42 45 54	1031 1422 1293 1476 1113 2087 1358 1297 1679 1965 1612 1865 2057 1592	30:45.4 28:48.1 30:07.5 30:16.6 32:23.8 29:57.0 30:29.7 30:37.1 31:06.6 30:12.7 30:16.0 30:38.3 32:40.5	ON O	London Western Track and Field Clu Monarch Athletics A Monarch Athletics A Monarch Athletics A Monarch Athletics A DVTC A DVTC A DVTC A DVTC A Huntsville WERC B	Male 40-49	4 1 2 3 4 1 2 3 4 1 2 3 4	58	3 3 3 3 4 4 4 5 5 5	01:29: 01:31: 01:31:
26 38 6 23 29 59 22 34 36 43 27 28 37 61	Ian Aseltine Adam Hammond Pearce Fallis Alex Hutchinson Jay Brecher Mark Vollmer Michael Gill Paul Felix Robert McGill Sinisa Simic Shawn Macfarlane Brad Reiter John Trojansek Michael Logue	43 43 49 50 44 47 49 48 40 42 45 54 42 55	1031 1422 1293 1476 1113 2087 1358 1297 1679 1965 1612 1865 2057 1592	30:45.4 28:48.1 30:07.5 30:16.6 32:23.8 29:57.0 30:29.7 30:37.1 31:06.6 30:12.7 30:16.0 30:38.3 32:40.5 31:09.9	ON O	London Western Track and Field Clu Monarch Athletics A Monarch Athletics A Monarch Athletics A Monarch Athletics A DVTC A DVTC A DVTC A DVTC A Huntsville WERC B Newmarket Huskies Track Club C Newmarket Huskies Track Club C	Male 40-49	4 1 2 3 4 1 2 3 4 1 2 3 4 1 2	58	3 3 3 4 4 4 4 5 5 5 5 6 6	01:31:
26 38 6 23 29 59 22 34 36 43 27 28 37 61 44 62	Ian Aseltine Adam Hammond Pearce Fallis Alex Hutchinson Jay Brecher Mark Vollmer Michael Gill Paul Felix Robert McGill Sinisa Simic Shawn Macfarlane Brad Reiter John Trojansek Michael Logue Derek Hackshaw	43 43 49 50 44 47 49 48 40 42 45 54 42 55	1031 1422 1293 1476 1113 2087 1358 1297 1679 1965 1612 1865 2057 1592 1410	30:45.4 28:48.1 30:07.5 30:16.6 32:23.8 29:57.0 30:29.7 30:37.1 31:06.6 30:12.7 30:16.0 30:38.3 32:40.5 31:09.9 32:44.2	ON O	London Western Track and Field Clu Monarch Athletics A Monarch Athletics A Monarch Athletics A Monarch Athletics A DVTC A DVTC A DVTC A DVTC A Huntsville WERC B Huntsville WERC C Newmarket Huskies Track Club C Newmarket Huskies Track Club C	Male 40-49	4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 2 3	92	3 3 3 4 4 4 4 5 5 5 5 6 6	01:31:
26 38 6 23 29 59 22 34 36 43 27 28 37 61 44 62 63	lan Aseltine Adam Hammond Pearce Fallis Alex Hutchinson Jay Brecher Mark Vollmer Michael Gill Paul Felix Robert McGill Sinisa Simic Shawn Macfarlane Brad Reiter John Trojansek Michael Logue Derek Hackshaw Pedro Lopez-Bravo	43 43 49 50 44 47 49 48 40 42 45 54 42 55	1031 1422 1293 1476 1113 2087 1358 1297 1679 1965 1612 1865 2057 1592 1410 1595 1675	30:45.4 28:48.1 30:07.5 30:16.6 32:23.8 29:57.0 30:29.7 30:37.1 31:06.6 30:12.7 30:16.0 30:38.3 32:40.5 31:09.9 32:44.2 32:48.1	ON O	London Western Track and Field Clu Monarch Athletics A Monarch Athletics A Monarch Athletics A Monarch Athletics A DVTC A DVTC A DVTC A DVTC A Huntsville WERC B Huntsville WERC B Huntsville WERC B Huntsville WERC B Newmarket Huskies Track Club C Newmarket Huskies Track Club C Newmarket Huskies Track Club C	Male 40-49	4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 3	92	3 3 3 4 4 4 5 5 5 5 6 6	01:31:
26 38 6 23 29 59 22 34 36 43 27 28 37 61 44 62 63 110	lan Aseltine Adam Hammond Pearce Fallis Alex Hutchinson Jay Brecher Mark Vollmer Michael Gill Paul Felix Robert McGill Sinisa Simic Shawn Macfarlane Brad Reiter John Trojansek Michael Logue Derek Hackshaw Pedro Lopez-Bravo lan McDougall	43 43 49 50 44 47 49 48 40 42 45 54 42 55 54	1031 1422 1293 1476 1113 2087 1358 1297 1679 1965 1612 1865 2057 1592 1410 1595 1675 1608	30:45.4 28:48.1 30:07.5 30:16.6 32:23.8 29:57.0 30:29.7 30:37.1 31:06.6 30:12.7 30:16.0 30:38.3 32:40.5 31:09.9 32:44.2 32:48.1 38:00.0	ON O	London Western Track and Field Clu Monarch Athletics A Monarch Athletics A Monarch Athletics A Monarch Athletics A Monarch Athletics A DVTC A DVTC A DVTC A DVTC A Huntsville WERC B Huntsville WERC B Huntsville WERC B Huntsville WERC B Newmarket Huskies Track Club C Thorold Elite Track Club A	Male 40-49	4 1 2 3 4 1 2 3 4 1 2 3 4 1 1 2 3 4 4 1 2 3 4 4 1 2 3 4 4 4 4 1 1 2 4 4 4 4 4 4 4 4 4 4 4 4 4	92	3 3 3 4 4 4 4 5 5 5 5 6 6 6	01:31:
26 38 6 23 29 59 22 34 36 43 27 28 37 61 44 62 63 110 39	lan Aseltine Adam Hammond Pearce Fallis Alex Hutchinson Jay Brecher Mark Vollmer Michael Gill Paul Felix Robert McGill Sinisa Simic Shawn Macfarlane Brad Reiter John Trojansek Michael Logue Derek Hackshaw Pedro Lopez-Bravo lan McDougall Adam Macdonald	43 43 49 50 44 47 49 48 40 42 45 54 42 55 54 42 52 42 54	1031 1422 1293 1476 1113 2087 1358 1297 1679 1965 1612 1865 2057 1592 1410 1595 1675 1608	30:45.4 28:48.1 30:07.5 30:16.6 32:23.8 29:57.0 30:29.7 30:37.1 31:06.6 30:12.7 30:16.0 30:38.3 32:40.5 31:09.9 32:44.2 32:48.1 38:00.0 30:46.8 36:16.7	ON O	London Western Track and Field Clu Monarch Athletics A DVTC A DVTC A DVTC A DVTC A DVTC A Huntsville WERC B Huntsville WERC B Huntsville WERC B Newmarket Huskies Track Club C Thorold Elite Track Club A Thorold Elite Track Club A	Male 40-49	4 1 2 3 4 1 2 3 4 1 2 3 4 1 1 2 3 4 1 1 2 3 4 1 1 1 2 1 1 2 1 1 1 1 1 1 1 1 1 1 1 1	92	3 3 3 4 4 4 4 5 5 5 5 6 6 6 6 7	01:31:

						4 1 50 50					
					ı	Male 50-59					
10	Chris Watson	50	2101	29:12.5	ON	Huntsville WERC A	Male 50-59	1		1	
31	Jeramie Carbonaro	50	1142	30:19.0	ON	Huntsville WERC A	Male 50-59	2		1	
55	Troy Cox	57	1208	31:56.7	ON	Huntsville WERC A	Male 50-59	3	96	1	01:31:2
68	Derek Mulhall	53	1730	33:32.0	ON	Huntsville WERC A	Male 50-59	4		1	
18	Robert Van Den Heu	52	2078	29:33.1	ON	Newmarket Huskies Track Club E	Male 50-59	1		2	
49	Danny Grossi	53	1397	31:31.3	ON	Newmarket Huskies Track Club E	Male 50-59	2		2	
53	Daniel Fiorini	62	1304	31:48.1	ON	Newmarket Huskies Track Club E	Male 50-59	3	120	2	01:32:
70	Mirco Graenert	55	1381	33:44.4	ON	Newmarket Huskies Track Club E	Male 50-59	4		2	
15	Charles Bedley	51	1061	29:28.7	ON	UTTC Masters B	Male 50-59	1		3	
40	Simon Rayner	60	1856	30:48.0	ON	UTTC Masters B	Male 50-59	2		3	
72	John Thomas	56	2035	33:53.4	ON	UTTC Masters B	Male 50-59	3	127	3	01:34:
134	Chris Madsen	56	1627	42:24.5	ON	UTTC Masters B	Male 50-59	4		3	
71	Pierre Mikhail	56	1703	33:50.6	ON	Muskoka Algonquin Runners B	Male 50-59	1		4	
111	Mark Sinnige	55	1974	38:02.8	ON	Muskoka Algonquin Runners B	Male 50-59	2		4	
121	Andre Boudreault	59	1103	40:03.2	ON	Muskoka Algonquin Runners B	Male 50-59	3	303	4	01:51:
						Male 60-69					
58	Geoffrey Peat	61	1795	32:22.6	ON	Newmarket Huskies Track Club D	Male 60-69	1		1	
75	Chris Deighan	64	1229	34:17.5	ON	Newmarket Huskies Track Club D	Male 60-69	2		1	
94	Robert Blair	60	1090	36:10.4	ON	Newmarket Huskies Track Club D	Male 60-69	3	227	1	01:42:
135	James Freemantle	66	1320	42:29.9	ON	Newmarket Huskies Track Club D	Male 60-69	4		1	
106	Steve Sauder	64	1921	37:30.3	ON	Thames Athletics Club B	Male 60-69	1		2	
137	David Gale	66	1331	44:10.6	ON	Thames Athletics Club B	Male 60-69	2		2	
143	Janice Strickland	68	2017	51:07.8	ON	Thames Athletics Club B	Male 60-69	3	386	2	02:12: