

# Legacy Run 2019 - 5K Run/Walk (chipped)

| Place | Name (Team)           | Hometown           | Gender | Type   | Bib # | Time        | Pace  | Speed   | Division Rank      |
|-------|-----------------------|--------------------|--------|--------|-------|-------------|-------|---------|--------------------|
| 1     | MICHAEL NIELSEN       | GRIMSBY, AR        | M: 1   | Runner | 123   | 00:19:26.64 | 03:53 | 15.4kph | Overall Male: 1    |
| 2     | BROOKE BIGGS          | HAMILTON, AR       | F: 1   | Runner | 197   | 00:19:38.70 | 03:55 | 15.3kph | Overall Female: 1  |
| 3     | DANIEL SALISBURY      | HAMILTON, AR       | M: 2   | Runner | 146   | 00:20:23.57 | 04:04 | 14.7kph | Overall Male: 2    |
| 4     | EMMANUEL ESPEJO       | SAN DIEGO, AR      | M: 3   | Runner | 47    | 00:22:07.71 | 04:25 | 13.6kph | Overall Male: 3    |
| 5     | DARREN MADILL         | DUNNVILLE, AR      | M: 4   | Runner | 209   | 00:22:16.17 | 04:27 | 13.5kph | Male 40 - 49: 1    |
| 6     | ETHAN BROOME          | LYNDEN, AR         | M: 5   | Runner | 203   | 00:22:36.64 | 04:31 | 13.3kph | Male 0 - 19: 1     |
| 7     | CLAIRE MORAN          | ST CATHARINES, AR  | F: 2   | Runner | 213   | 00:23:24.44 | 04:40 | 12.8kph | Overall Female: 2  |
| 8     | ALLY MORAN            | ST CATHARINES, AR  | F: 3   | Runner | 214   | 00:23:37.63 | 04:43 | 12.7kph | Overall Female: 3  |
| 9     | LEXI CLARK            | GRIMSBY, AR        | F: 4   | Runner | 192   | 00:24:13.39 | 04:50 | 12.4kph | Female 0 - 19: 1   |
| 10    | JOSH FRIESEN          |                    | M: 6   | Runner | 217   | 00:24:21.36 | 04:52 | 12.3kph | Male 30 - 39: 1    |
| 11    | EDWARD LAMAN          | COPETOWN, AR       | M: 7   | Runner | 193   | 00:24:23.25 | 04:52 | 12.3kph | Male 50 - 130: 1   |
| 12    | DENNIS CRAWFORD       | WATERDOWN, AR      | M: 8   | Runner | 191   | 00:25:09.74 | 05:01 | 11.9kph | Male 30 - 39: 2    |
| 13    | JOHN CLARKE           | HAMILTON, AR       | M: 9   | Runner | 32    | 00:25:12.60 | 05:02 | 11.9kph | Male 20 - 29: 1    |
| 14    | NIKKI OTTAWAY         |                    | F: 5   | Runner | 220   | 00:25:54.03 | 05:10 | 11.6kph | Female 30 - 39: 1  |
| 15    | MICHAEL PORTER        | HAMILTON, AR       | M: 10  | Runner | 133   | 00:26:01.27 | 05:12 | 11.5kph | Male 40 - 49: 2    |
| 16    | GABRIEL DEGUZMAN      | HAMILTON, AR       | M: 11  | Runner | 37    | 00:26:22.98 | 05:16 | 11.4kph | Male 0 - 19: 2     |
| 17    | ERIN DAVIES           |                    | F: 6   | Runner | 216   | 00:26:43.04 | 05:20 | 11.2kph | Female 30 - 39: 2  |
| 18    | JOHN LEAVERS          | MILTON, AR         | M: 12  | Runner | 106   | 00:26:44.92 | 05:20 | 11.2kph | Male 50 - 130: 2   |
| 19    | LILYTH HFHT           | HAMILTON, AR       | F: 7   | Runner | 79    | 00:26:48.75 | 05:21 | 11.2kph | Female 0 - 19: 2   |
| 20    | SKYLAR THOMAS         | HAMILTON, AR       | F: 8   | Runner | 170   | 00:26:59.07 | 05:23 | 11.1kph | Female 0 - 19: 3   |
| 21    | FAITH GALLANT         | TORONTO, AR        | F: 9   | Runner | 57    | 00:27:04.39 | 05:24 | 11.1kph | Female 20 - 29: 1  |
| 22    | MARIUS GITOI          | BRANTFORD, AR      | M: 13  | Runner | 60    | 00:28:08.88 | 05:37 | 10.7kph | Male 40 - 49: 3    |
| 23    | GARY KUNZLI           | BURLINGTON, AR     | M: 14  | Runner | 105   | 00:28:27.30 | 05:41 | 10.5kph | Male 40 - 49: 4    |
| 24    | JAYVEN VALENCIA       | TORONTO, AR        | M: 15  | Runner | 177   | 00:28:28.16 | 05:41 | 10.5kph | Male 0 - 19: 3     |
| 25    | ALANNAH HALL          | HAMILTON, AR       | F: 10  | Runner | 63    | 00:28:50.00 | 05:46 | 10.4kph | Female 20 - 29: 2  |
| 26    | DAN SNIDER            | BURLINGTON, AR     | M: 16  | Runner | 156   | 00:28:50.99 | 05:46 | 10.4kph | Male 40 - 49: 5    |
| 27    | JONATHAN TURCOTTE     | ST. CATHARINES, AR | M: 17  | Runner | 172   | 00:28:52.07 | 05:46 | 10.4kph | Male 30 - 39: 3    |
| 28    | SAGE SMITH            | HAMILTON, AR       | F: 11  | Runner | 153   | 00:28:53.54 | 05:46 | 10.4kph | Female 20 - 29: 3  |
| 29    | STEPHANIE BREUKELMAN  | ROCKWOOD, AR       | F: 12  | Runner | 23    | 00:28:55.17 | 05:47 | 10.4kph | Female 20 - 29: 4  |
| 30    | DEANNA HARRIS         | HAMILTON, AR       | F: 13  | Runner | 65    | 00:29:00.51 | 05:48 | 10.3kph | Female 40 - 49: 1  |
| 31    | LAURA DEMAITER        | HAMILTON, AR       | F: 14  | Runner | 40    | 00:29:00.54 | 05:48 | 10.3kph | Female 30 - 39: 3  |
| 32    | JAYNE CLEMENS         | HAMILTON, AR       | F: 15  | Runner | 33    | 00:29:02.79 | 05:48 | 10.3kph | Female 30 - 39: 4  |
| 33    | JAY VALENCIA          | TORONTO, AR        | M: 18  | Runner | 175   | 00:29:47.80 | 05:57 | 10.1kph | Male 30 - 39: 4    |
| 34    | RHIANNON MURRAY-LEUNG | ANCASTER, AR       | F: 16  | Runner | 118   | 00:29:53.78 | 05:58 | 10.0kph | Female 0 - 19: 4   |
| 35    | PANTELIS VASSILAKIS   | EL SEGUNDO, AR     | M: 19  | Runner | 185   | 00:30:23.37 | 06:04 | 9.9kph  | Male 50 - 130: 3   |
| 36    | ESTHER PAULS          |                    | F: 17  | Runner | 221   | 00:30:23.38 | 06:04 | 9.9kph  | Female 50 - 130: 1 |
| 37    | JULIA WESTRIK         | GUELPH, AR         | F: 18  | Runner | 188   | 00:30:32.66 | 06:06 | 9.8kph  | Female 0 - 19: 5   |
| 38    | BEN WIGNALL           | DUNDAS, AR         | M: 20  | Runner | 189   | 00:30:34.72 | 06:06 | 9.8kph  | Male 0 - 19: 4     |
| 39    | LUKE BARKER           | HAMILTON, AR       | M: 21  | Runner | 15    | 00:30:49.28 | 06:09 | 9.7kph  | Male 30 - 39: 5    |
| 40    | NADIA HUNTER          | ORANGEVILLE, AR    | F: 19  | Runner | 94    | 00:31:06.05 | 06:13 | 9.6kph  | Female 30 - 39: 5  |
| 41    | DEBBIE IWANYZKI       | WILSONVILLE, AR    | F: 20  | Runner | 95    | 00:31:12.86 | 06:14 | 9.6kph  | Female 40 - 49: 2  |
| 42    | HAILEY ANDERSON       | IMLAY CITY, AR     | F: 21  | Runner | 6     | 00:31:20.70 | 06:16 | 9.6kph  | Female 0 - 19: 6   |
| 43    | NATHANIEL ANDERSON    | IMLAY CITY, AR     | M: 22  | Runner | 12    | 00:31:23.85 | 06:16 | 9.6kph  | Male 0 - 19: 5     |
| 44    | KIERAN HAMEL          | ANCASTER, AR       | M: 23  | Runner | 64    | 00:31:24.09 | 06:16 | 9.6kph  | Male 20 - 29: 2    |
| 45    | BENJAMIN HFHT         | HAMILTON, AR       | M: 24  | Runner | 73    | 00:31:32.10 | 06:18 | 9.5kph  | Male 0 - 19: 6     |
| 46    | BENJAMIN FLOSMAN      | DUNDAS, AR         | M: 25  | Runner | 54    | 00:31:32.35 | 06:18 | 9.5kph  | Male 0 - 19: 7     |
| 47    | CHRIS WIGNALL         | DUNDAS, AR         | M: 26  | Runner | 190   | 00:31:33.41 | 06:18 | 9.5kph  | Male 40 - 49: 6    |
| 48    | ALLISON FAAS          | SARNIA, AR         | F: 22  | Runner | 51    | 00:31:50.03 | 06:22 | 9.4kph  | Female 30 - 39: 6  |
| 49    | HEATHER SIMMONDS      | HAMILTON, AR       | F: 23  | Runner | 152   | 00:31:51.05 | 06:22 | 9.4kph  | Female 20 - 29: 5  |
| 50    | CRAIG SIMMONDS        | HAMILTON, AR       | M: 27  | Runner | 151   | 00:31:51.84 | 06:22 | 9.4kph  | Male 30 - 39: 6    |
| 51    | MARILYN ANDERSON      | SARNIA, AR         | F: 24  | Runner | 11    | 00:31:56.11 | 06:23 | 9.4kph  | Female 50 - 130: 2 |
| 52    | COURTNEY SWITZER      | HAMILTON, AR       | F: 25  | Runner | 167   | 00:33:25.64 | 06:41 | 9.0kph  | Female 30 - 39: 7  |
| 53    | GEZA VARGA            | WATERLOO, AR       | M: 28  | Runner | 181   | 00:33:31.97 | 06:42 | 8.9kph  | Male 50 - 130: 4   |
| 54    | ERICA ACEVEDO         | HAMILTON, AR       | F: 26  | Runner | 1     | 00:34:03.86 | 06:48 | 8.8kph  | Female 40 - 49: 3  |
| 55    | JAMIE EVANS           | BURLINGTON, AR     | M: 29  | Runner | 50    | 00:34:04.19 | 06:48 | 8.8kph  | Male 40 - 49: 7    |
| 56    | KRISTEN BEAUPRE       | WELLAND, AR        | F: 27  | Runner | 21    | 00:34:22.83 | 06:52 | 8.7kph  | Female 20 - 29: 6  |
| 57    | JENNIFER GORDON       | HAMILTON, AR       | F: 28  | Runner | 61    | 00:35:28.23 | 07:05 | 8.5kph  | Female 40 - 49: 4  |
| 58    | LAURA FUSILIER        | HAMILTON, AR       | F: 29  | Runner | 210   | 00:35:29.18 | 07:05 | 8.5kph  | Female 30 - 39: 8  |
| 59    | HEATHER COLLIER       | TILLSONBURG, AR    | F: 30  | Runner | 34    | 00:35:37.16 | 07:07 | 8.4kph  | Female 50 - 130: 3 |
| 60    | CHRISTINE VANDERVEEN  | HAMILTON, AR       | F: 31  | Runner | 180   | 00:35:45.57 | 07:09 | 8.4kph  | Female 20 - 29: 7  |
| 61    | BEN MURPHY            | HAMILTON, AR       | F: 32  | Runner | 116   | 00:35:45.73 | 07:09 | 8.4kph  | Female 20 - 29: 8  |

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|-------|---------------------|-------------------|--------|--------|-------|-------------|-------|--------|--------------------|
| 62    | HANNAH KAVANAGH     | PARIS, AR         | F: 33  | Runner | 100   | 00:36:00.73 | 07:12 | 8.3kph | Female 0 - 19: 7   |
| 63    | GAVIN KAVANAGH      | PARIS, AR         | M: 30  | Runner | 99    | 00:36:01.94 | 07:12 | 8.3kph | Male 0 - 19: 8     |
| 64    | KATHERINE AITCHISON | PARIS, AR         | F: 34  | Runner | 2     | 00:36:10.54 | 07:14 | 8.3kph | Female 40 - 49: 5  |
| 65    | KATE NICE           | BURLINGTON, AR    | F: 35  | Runner | 122   | 00:36:16.17 | 07:15 | 8.3kph | Female 30 - 39: 9  |
| 66    | MARIA VASSILAKIS    | EL SEGUNDO, AR    | F: 36  | Runner | 184   | 00:36:19.96 | 07:15 | 8.3kph | Female 40 - 49: 6  |
| 67    | DON STOAKLEY        | NIAGARA FALLS, AR | M: 31  | Runner | 165   | 00:36:45.08 | 07:21 | 8.2kph | Male 50 - 130: 5   |
| 68    | PAM RUNTAS          | CALEDON, AR       | F: 37  | Runner | 145   | 00:36:53.35 | 07:22 | 8.1kph | Female 50 - 130: 4 |
| 69    | ADAM RIEWALD        | STOUFFVILLE, AR   | M: 32  | Runner | 138   | 00:38:18.95 | 07:39 | 7.8kph | Male 20 - 29: 3    |
| 70    | JADE ANDERSON       | IMLAY CITY, AR    | F: 38  | Runner | 8     | 00:38:58.03 | 07:47 | 7.7kph | Female 0 - 19: 8   |
| 71    | CHARLÉ BARKEY       | ANCASTER, AR      | F: 39  | Runner | 17    | 00:39:19.09 | 07:51 | 7.6kph | Female 30 - 39: 10 |
| 72    | SAMUEL HFHT         | HAMILTON, AR      | M: 33  | Runner | 83    | 00:39:25.25 | 07:53 | 7.6kph | Male 0 - 19: 9     |
| 73    | JOHN DEREK GORDON   | HAMILTON, AR      | M: 34  | Runner | 62    | 00:40:05.37 | 08:01 | 7.5kph | Male 40 - 49: 8    |
| 74    | SEAN KAVANAGH       | PARIS, AR         | M: 35  | Runner | 102   | 00:40:06.01 | 08:01 | 7.5kph | Male 40 - 49: 9    |
| 75    | OLIVIA KAVANAGH     | PARIS, AR         | F: 40  | Runner | 101   | 00:40:10.14 | 08:02 | 7.5kph | Female 0 - 19: 9   |
| 76    | MACKENZIE HFHT      | HAMILTON, AR      | F: 41  | Runner | 80    | 00:40:10.58 | 08:02 | 7.5kph | Female 0 - 19: 10  |
| 77    | ALI HFHT            | HAMILTON, AR      | F: 42  | Runner | 71    | 00:40:17.89 | 08:03 | 7.4kph | Female 30 - 39: 11 |
| 78    | KATE HFHT           | HAMILTON, AR      | F: 43  | Runner | 76    | 00:40:18.71 | 08:03 | 7.4kph | Female 0 - 19: 11  |
| 79    | ANGELA DEGUZMAN     | HAMILTON, AR      | F: 44  | Runner | 36    | 00:40:19.75 | 08:03 | 7.4kph | Female 0 - 19: 12  |
| 80    | ZOE HFHT            | HAMILTON, AR      | F: 45  | Runner | 87    | 00:40:19.94 | 08:03 | 7.4kph | Female 0 - 19: 13  |
| 81    | LAUREN HFHT         | HAMILTON, AR      | F: 46  | Runner | 78    | 00:40:20.93 | 08:04 | 7.4kph | Female 0 - 19: 14  |
| 82    | JOHN-PAUL ESPEJO    | LAKE BALBOA, AR   | M: 36  | Runner | 48    | 00:41:20.00 | 08:16 | 7.3kph | Male 30 - 39: 7    |
| 83    | MELISSA HFHT        | HAMILTON, AR      | F: 47  | Runner | 81    | 00:42:50.69 | 08:34 | 7.0kph | Female 0 - 19: 15  |
| 84    | SIMONNE PAINE       | HAMILTON, AR      | F: 48  | Runner | 126   | 00:42:50.74 | 08:34 | 7.0kph | Female 20 - 29: 9  |
| 85    | CALEB HFHT          | HAMILTON, AR      | M: 37  | Runner | 74    | 00:45:45.09 | 09:09 | 6.6kph | Male 0 - 19: 10    |
| 86    | STORM HFHT          | HAMILTON, AR      | M: 38  | Runner | 84    | 00:45:47.98 | 09:09 | 6.6kph | Male 0 - 19: 11    |
| 87    | AMY HFHT            | HAMILTON, AR      | F: 49  | Runner | 72    | 00:45:50.95 | 09:10 | 6.5kph | Female 40 - 49: 7  |
| 88    | SHALIMAR RIEWALD    | STOUFFVILLE, AR   | F: 50  | Runner | 139   | 00:45:55.02 | 09:11 | 6.5kph | Female 20 - 29: 10 |
| 89    | BOAZ LAMAN          | COPETOWN, AR      | F: 51  | Runner | 195   | 00:46:33.15 | 09:18 | 6.4kph | Female 0 - 19: 16  |
| 90    | CYNDI LAMAN         | COPETOWN, AR      | F: 52  | Runner | 194   | 00:46:41.57 | 09:20 | 6.4kph | Female 40 - 49: 8  |
| 91    | ALISON MATHEW       | BURLINGTON, AR    | F: 53  | Runner | 109   | 00:47:54.67 | 09:34 | 6.3kph | Female 40 - 49: 9  |
| 92    | KARYN HUISMAN       | WATERDOWN, AR     | F: 54  | Runner | 91    | 00:47:57.30 | 09:35 | 6.3kph | Female 40 - 49: 10 |
| 93    | TINA WHEATON        |                   | F: 55  | Runner | 215   | 00:50:20.59 | 10:04 | 6.0kph | Female 30 - 39: 12 |
| 94    | RICHARD HFHT        | HAMILTON, AR      | M: 39  | Runner | 82    | 00:50:24.01 | 10:04 | 6.0kph | Male 0 - 19: 12    |
| 95    | LOUISE MURRAY-LEUNG | ANCASTER, AR      | F: 56  | Runner | 117   | 00:50:30.41 | 10:06 | 5.9kph | Female 40 - 49: 11 |
| 96    | JODY BROWN          | BRANTFORD, AR     | F: 57  | Runner | 26    | 00:50:40.66 | 10:08 | 5.9kph | Female 40 - 49: 12 |
| 97    | DENISE PANGAN       | HAMILTON, AR      | F: 58  | Runner | 128   | 00:52:35.02 | 10:31 | 5.7kph | Female 50 - 130: 5 |
| 98    | MANUEL ESPEJO       | SANTA CLARITA, AR | M: 40  | Runner | 49    | 00:52:38.62 | 10:31 | 5.7kph | Male 50 - 130: 6   |
| 99    | JAYCELYN VALENCIA   | TORONTO, AR       | F: 59  | Runner | 176   | 00:53:43.04 | 10:44 | 5.6kph | Female 0 - 19: 17  |
| 100   | TOM BUSCH           | GRIMSBY, AR       | M: 41  | Runner | 29    | 00:55:09.57 | 11:01 | 5.4kph | Male 50 - 130: 7   |
| 101   | SHEILA BUSCH        | GRIMSBY, AR       | F: 60  | Runner | 28    | 00:55:09.93 | 11:01 | 5.4kph | Female 50 - 130: 6 |
| 102   | AARON OLINYK        | STONEY CREEK, AR  | M: 42  | Runner | 124   | 00:55:22.49 | 11:04 | 5.4kph | Male 30 - 39: 8    |
| 103   | MAUREEN OLINYK      | HAMILTON, AR      | F: 61  | Runner | 125   | 00:55:25.66 | 11:05 | 5.4kph | Female 30 - 39: 13 |
| 104   | JOSETTE CACNIO      | HAMILTON, AR      | F: 62  | Runner | 30    | 01:00:53.74 | 12:10 | 4.9kph | Female 30 - 39: 14 |
| 105   | ROSEMARY VALENCIA   | TORONTO, AR       | F: 63  | Runner | 178   | 01:00:54.70 | 12:10 | 4.9kph | Female 30 - 39: 15 |
| 106   | LUCIANA UNONIUS     | ETOBICOKE, AR     | F: 64  | Runner | 173   | 01:07:43.57 | 13:32 | 4.4kph | Female 40 - 49: 13 |
| 107   | NICK UNONIUS        | ETOBICOKE, AR     | M: 43  | Runner | 174   | 01:07:46.40 | 13:33 | 4.4kph | Male 40 - 49: 10   |