5K MugRun

Place	Name	Hometown	Type	Bib#	Time	Pace	Speed	Sex	Age	ID Number
1	FALK, NICK	WINDSOR, ON	RUNNER	21	00:15:10.03	4:53/m	12.3mph		25	21
2	DESJARDINS, LAURA		RUNNER	138	00:17:17.72	5:34/m	10.8mph	F	28	
3	MINER, BRANDON		RUNNER	141	00:18:10.85	5:51/m	10.3mph	М	22	
4	GAMBERTA, MICHAEL	TECUMSEH, AR	RUNNER	97	00:18:27.35	5:56/m	10.1mph		30	97
5	WALTERS, BILLY	SIMCOE, ON	RUNNER	69	00:18:42.15	6:01/m	10.0mph	М	26	69
6	OMAHEN, NATALIE	TECUMSEH, ON	RUNNER	43	00:19:52.92	6:24/m	9.4mph	F	20	43
7	ROWLES, TYLER	AMHERSTBURG, ON	RUNNER	79	00:20:15.39	6:31/m	9.2mph	М	14	79
8	MARKS, KIM	AMHERSTBURG, ON	RUNNER	34	00:20:43.06	6:40/m	9.0mph	М	42	34
9	SLAK, BARTOSZ		RUNNER	143	00:20:43.52	6:40/m	9.0mph	М	31	
10	GILLISSIE, CRAIG	WINDSOR, ON	RUNNER	25	00:20:54.54	6:44/m	8.9mph	М	36	25
11	HAMELIN, JOE	BELLE RIVER, ON	RUNNER	28	00:21:10.90	6:49/m	8.8mph	М	47	28
12	WOODRICH, JESSE	LASALLE,	RUNNER	132	00:21:39.12	6:58/m	8.6mph	М	27	
13	FINN, SHAWN	WINDSOR, ON	RUNNER	22	00:22:04.06	7:06/m	8.4mph	М	48	22
14	BELLEMORE, DEREK	WINDSOR, ON	RUNNER	7	00:22:26.39	7:13/m	8.3mph	М	32	7
15	PETERS, ABE	COTTAM, ON	RUNNER	75	00:22:27.06	7:13/m	8.3mph	М	37	75
16	MOREL, RICHARD	LASALLE, ON	RUNNER	40	00:22:54.24	7:22/m	8.1mph	М	46	40
17	MILJAN, RICHARD	WINDSOR, ON	RUNNER	37	00:22:55.54	7:22/m	8.1mph	М	45	37
18	ROY, STEVEN	TECUMSEH, ON	RUNNER	54	00:23:03.53	7:25/m	8.1mph	М	42	54
19	GINGRAS, ANDRE	•	RUNNER	139	00:23:27.85	7:33/m	8.0mph	М	47	
20	BULL, CARL	HARROW, ON	RUNNER	11	00:23:40.42	7:37/m	7.9mph	М	51	11
21	GIRARD, CHRIS	WINDSOR, ON	RUNNER	26	00:23:52.53	7:41/m	7.8mph	М	37	26
22	SMITH, DONALD	KINGSVILLE, ON	RUNNER	63	00:23:55.23	7:42/m	7.8mph	М	38	63
23	JEAN, KELLY	BELLE RIVER, ON	RUNNER	30	00:24:20.52	7:50/m	7.7mph	F	35	30
24	CHARBONNEAU, CHRIS	, -	RUNNER	146	00:24:48.07	7:59/m	7.5mph	М	45	
25	DICKIE, TOM	ESSEX, ON	RUNNER	19	00:25:00.63	8:03/m	7.5mph	М	68	19
26	GILES, DAVE	, -	RUNNER	136	00:25:08.51	8:05/m	7.4mph	М	28	
27	REDEKOP, JAMIE		RUNNER	142	00:25:13.66	8:07/m	7.4mph	М	12	
28	HEBERT, DEBBIE	WINDSOR, AR	RUNNER	102	00:25:42.81	8:16/m	7.3mph	F	52	102
29	FRIESEN, FRANK	WHEATLEY, ON	RUNNER	73	00:25:45.08	8:17/m	7.2mph	М	32	73
30	CHOBRDA, JEREMY	KINGSVILLE, ON	RUNNER	14	00:25:58.79	8:21/m	7.2mph	М	35	14
31	CRUWYS, HEATHER	LASALLE, ON	RUNNER	18	00:26:04.38	8:23/m	7.2mph	F	35	18
32	ANZOLIN, ROGER	,	RUNNER	164	00:26:05.44	8:24/m	7.1mph	М	57	
33	MAYVILLE, JOEL		RUNNER	147	00:26:16.25	8:27/m	7.1mph	М	50	
34	COPPOLA, SAM	TECUMSEH, ON	RUNNER	15	00:26:19.41	8:28/m	7.1mph	М	48	15
35	RICHARD, BEN	PICKERING, ON	RUNNER	78	00:26:29.37	8:31/m	7.0mph	М	39	78
36	DYCK, ABRAM	COMBER, ON	RUNNER	70	00:26:38.92	8:34/m	7.0mph	М	39	70
37	PISANI, BRIAN	TECUMSEH, ON	RUNNER	46	00:26:48.05	8:37/m	7.0mph	М	37	46
38	BAILEY, BRYAN	AMHERSTBURG, ON	RUNNER	1	00:26:50.06	8:38/m	6.9mph	М	34	1
39	SHAW, ALICIA	AMHERSTBURG, ON	RUNNER	80	00:27:07.57	8:44/m	6.9mph	F	13	80
40	SHAW, SHAE	AMHERSTBURG, ON	RUNNER	82	00:27:14.02	8:46/m	6.8mph	F	8	82
41	COWGILL, MATTHEW	WINDSOR, AR	RUNNER	93	00:27:33.57	8:52/m	6.8mph	М	15	93
42	BAKER, DAVID		RUNNER	84	00:27:34.69	8:52/m	6.8mph	М	39	84
43	ANZOLIN, MICHELLE		RUNNER	163	00:27:39.02	8:54/m	6.7mph	F	47	
44	HARDER, PETER	WINDSOR, ON	RUNNER	29	00:28:19.22	9:07/m	6.6mph	М	44	29
45	LOCK, SARAH	WINDSOR, ON	RUNNER	32	00:28:20.63	9:07/m	6.6mph	F	34	32
46	BERLIE, NELLIE	DETROIT, MI	RUNNER	8	00:28:23.08	9:08/m	6.6mph	F	36	8
47	FABRIS, PAUL	WINDSOR, ON	RUNNER	20	00:28:26.94	9:09/m	6.6mph	М	51	20
48	DESJARLAIS, MATTHEW		RUNNER	151	00:28:27.67	9:09/m	6.6mph	М	28	
49	MEDVED, PAUL	WINDSOR, ON	RUNNER	35	00:28:49.25	9:16/m	6.5mph	М	50	35
50	PITTL, SCOTT	LAKESHORE, AR	RUNNER	117	00:28:50.10	9:17/m	6.5mph	М	53	117
51	TOFFLEMIRE, KELLY	MCGREGOR, AR	RUNNER	127	00:28:51.27	9:17/m	6.5mph	F	45	127
52	GARCIA, SYLVIA	LAKESHORE, AR	RUNNER	98	00:28:51.34	9:17/m	6.5mph	F	49	98
53	POWELL, JOHN	CHATHAM, ON	RUNNER	77	00:28:52.78	9:17/m	6.5mph	М	57	77
54	POWELL, JESSE	CHATHAM, ON	RUNNER	76	00:28:52.85	9:17/m	6.5mph	M	28	76
55	RICORD, AL	WINDSOR, AR	RUNNER	121	00:29:06.33	9:22/m	6.4mph	M	32	121
56	DESJARLAIS, ADAM	•	RUNNER	148	00:29:16.45	9:25/m	6.4mph	М	25	
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5K MugRun

lace	Name	Hometown	Туре	Bib #	Time	Pace	Speed	Sex	Age	ID Number
57	SAMSON, KALA		RUNNER	133	00:29:17.89	9:25/m	6.4mph	F	25	
58	BAKER, JULIA		RUNNER	85	00:29:19.91	9:26/m	6.4mph	F	40	85
59	POZZOBON, RYAN	AMHERSTBURG, AR	RUNNER	119	00:29:20.11	9:26/m	6.4mph	М	33	119
60	GIFFORD, DAVE	LASALLE, AR	RUNNER	99	00:29:22.22	9:27/m	6.3mph	М	33	99
61	REEB, MARK	MCGREGOR, ON	RUNNER	52	00:29:26.88	9:28/m	6.3mph	М	35	52
62	MOSER, LYNETTE	WINDSOR, ON	RUNNER	41	00:29:44.02	9:34/m	6.3mph	F	48	41
63	LOW, ROSE	AMHERSTBURG, ON	RUNNER	33	00:29:49.43	9:36/m	6.3mph	F	56	33
64	SHAW, JENESSA	AMHERSTBURG, ON	RUNNER	60	00:29:54.53	9:37/m	6.2mph	F	19	60
65	BEAUDOIN, BRAD	WINDSOR, AR	RUNNER	86	00:30:25.79	9:47/m	6.1mph	М	28	86
66	NEUFELD, HENRY		RUNNER	140	00:30:25.93	9:47/m	6.1mph	М	35	
67	GROENEWEGEN, KATHERINE	KINGSVILLE, ON	RUNNER	27	00:30:29.70	9:49/m	6.1mph	F	54	27
86	SHAW, JENNIFER	AMHERSTBURG, ON	RUNNER	61	00:30:30.17	9:49/m	6.1mph	F	44	61
69	FARIAS, BREANA	HARROW, ON	RUNNER	72	00:31:21.53	10:05/m	5.9mph	F	0	72
70	SHAW, JAMES	AMHERSTBURG, ON	RUNNER	81	00:31:22.58	10:06/m	5.9mph	М	17	81
71	SCHUSTER, JOEL	WINDSOR, ON	RUNNER	58	00:31:36.42		5.9mph	М	36	58
72	RIVINGTON, JORDAN	LASALLE, ON	RUNNER	53	00:31:48.86	10:14/m	5.9mph	М	36	53
73	SAMPSON, DARREN	LASALLE, ON	RUNNER	56	00:31:52.56	10:15/m	•	М	41	56
74	SCOLLON-MOREL, CHARLOTTE	LASALLE, ON	RUNNER	59	00:32:06.66	10:20/m		F	45	59
75	SWEETMAN, KATE	BELLE RIVER, ON	RUNNER	66	00:32:07.00	10:20/m	5.8mph	F	26	66
76	COULTER, JANE	WINDSOR, ON	RUNNER	16	00:32:16.89	10:23/m		F	60	16
77	COULTER, JEREMY	WINDSOR, ON	RUNNER	17	00:32:19.00	10:24/m	5.8mph	М	30	17
78	SCHEEL, JODI	DORCHESTER, ON	RUNNER	57	00:32:23.66		5.8mph	F	38	57
79	CLAYTON, MEIGHAN	BELLE RIVER, AR	RUNNER	91	00:33:11.21	10:41/m	•	F	35	91
30	CLAYTON, CRAIG	BELLE RIVER, AR	RUNNER	90	00:33:13.32	10:41/m		М	35	90
31	SMART, STEVEN	WINDSOR, ON	RUNNER	62	00:33:20.55		5.6mph	М	43	62
32	SAMSON, STEPHEN		RUNNER	137	00:33:30.94		5.6mph	М	56	
33	USZYNSKI, CHRIS	AMHERSTBURG, AR	RUNNER	153	00:33:38.67		5.5mph	М	47	
34	USZYNSKI, DEBORAH	AMHERSTBURG, AR	RUNNER	152	00:33:39.18		5.5mph	F	49	
35	WIEBE, MARY	LEAMINGTON, ON	RUNNER	83	00:33:45.79		5.5mph	F	29	83
36	CHARRON, JEFF	WINDSOR, ON	RUNNER	13	00:34:04.33		5.5mph	M	48	13
37	MALLET, RICHARD	AMHERSTBURG, AR	RUNNER	111	00:34:12.72	11:00/m	5.5mph	M	41	111
38	COWGILL, JASON	WINDSOR, AR	RUNNER	92	00:34:44.63	11:11/m	5.4mph	M	43	92
39	LOURENCO, MARY	HARROW, ON	RUNNER	74	00:34:55.15	11:14/m	5.3mph	F	44	74
90	BRONKOWSKI, MIKEY	WINDSOR, ON	RUNNER	9	00:35:36.11		5.2mph	M	25	9
91	STEVENSON, JOHN	TECUMSEH, AR	RUNNER	126	00:35:53.23	11:33/m		M	50	126
92	SCHILLER, KIM	TECOWISETT, AIX	RUNNER	130	00:35:54.17		5.2mph	F	48	120
93	DYCK, ISAAK	KINGSVILLE, ON	RUNNER	71	00:36:07.61		5.2mph		34	71
93 94	GRAY, BILL	LASALLE, AR	RUNNER	100	00:36:15.32		5.2mph	M M	51	100
	STANDEL, DANIELLE	WINDSOR, ON	RUNNER		00:30:13.32		5.0mph	F	36	
95 06				65 115					49	65 115
96	PARDO, JERRY	MCGREGOR, AR	RUNNER	115	00:37:03.01		5.0mph	М		115
97	KOSEK, MARY	WINDSOR, AR	RUNNER	103	00:37:03.03		5.0mph	F	52	103
98	OABORNE, KRISTY	BELLE RIVER, ON	RUNNER	42	00:37:03.75		5.0mph	F	39	42
99	BAILEY, KENNY	AMHERSTBURG, ON	RUNNER	2	00:37:07.92		5.0mph	M	34	2
00	OSBORNE, JOHN	BELLE RIVER, ON	RUNNER	44	00:37:08.28		5.0mph	M	43	44
01	GAGNON, STEVE	KINGSVILLE, ON	RUNNER	24	00:37:19.45		5.0mph	M	35	24
02	MAHANA, SARA	WINDSOR, AR	RUNNER	110	00:37:36.91		5.0mph	F	29	110
03	DANELON, BRIAN	AMHERSTBURG, AR	RUNNER	134	00:38:08.66		4.9mph	M	36	94
04	BUBLICK, ROBIN	AMHERSTBURG, ON	RUNNER	10	00:38:09.81		4.9mph	F	47	10
05	DAROS, PAUL	WINDSOR, AR	RUNNER	96	00:38:10.52		4.9mph	M	33	96
06	DANELON, CHRISTAL	AMHERSTBURG, AR	RUNNER	135	00:38:21.20		4.9mph	F	37	95
07	OERTON, STEPHEN	AMHERSTBURG, AR	RUNNER	114	00:38:29.48		4.8mph	М	38	114
80	URAS, MELINDA	WINDSOR, ON	RUNNER	67	00:39:12.53		4.8mph	F	20	67
09	PHILLIPS, MICHELLE	WINDSOR, ON	RUNNER	45	00:39:18.93		4.7mph	F	32	45
110	SMITH, GINA	KINGSVILLE, ON	RUNNER	64	00:39:34.87	12:44/m	4.7mph	F	38	64

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5K MugRun

Place	Name	Hometown	Туре	Bib#	Time	_Pace_	Speed	Sex	Age	ID Number
112	SCHILLER, RYAN		RUNNER	131	00:39:57.95	12:51/m	4.7mph	М	16	
113	DODWELL, HUGH		RUNNER	161	00:40:09.19	12:55/m	4.6mph	M	48	
114	KLASSEN, HEATHER		RUNNER	162	00:40:12.48	12:56/m	4.6mph	F	47	
115	BOXALL, SHERRY	AMHERSTBURG, AR	RUNNER	155	00:40:33.57	13:03/m	4.6mph	F	47	
116	GRUENING, ANDREW		RUNNER	156	00:40:37.49	13:04/m	4.6mph	M	43	
117	RYCROFT, TERESA-LEE	WINDSOR, ON	RUNNER	55	00:40:56.19	13:10/m	4.6mph	F	44	55
118	CHARRON, DEBRA	WINDSOR, ON	RUNNER	12	00:40:56.91	13:10/m	4.6mph	F	49	12
119	LEWENZA, AARON	AMHERSTBURG, AR	RUNNER	104	00:41:23.47	13:19/m	4.5mph	M	40	104
120	MALLET, TISA	AMHERSTBURG, AR	RUNNER	112	00:41:23.92	13:19/m	4.5mph	F	42	112
121	LEWENZA, SARAH	AMHERSTBURG, AR	RUNNER	105	00:41:27.84	13:20/m	4.5mph	F	38	105
122	BAILEY, MANDI	AMHERSTBURG, ON	RUNNER	3	00:42:32.17	13:41/m	4.4mph	F	33	3
123	PREVETT, JOAN	STAPLES, ON	RUNNER	48	00:43:28.44	13:59/m	4.3mph	F	50	48
124	PREVETT, RACHEL	LEAMINGTON, ON	RUNNER	50	00:43:42.51	14:04/m	4.3mph	F	26	50
125	PREVETT, ALLAN	TECUMSEH, ON	RUNNER	47	00:44:05.42	14:11/m	4.2mph	M	54	47
126	ROWLES, TIM	AMHERSTBURG, AR	RUNNER	124	00:44:07.39	14:12/m	4.2mph	M	36	124
127	BEAUDOIN, RICHARD	WOODSLEE, AR	RUNNER	88	00:44:15.33	14:14/m	4.2mph	M	53	88
128	ROWLES, SHERI	AMHERSTBURG, AR	RUNNER	123	00:44:20.52	14:16/m	4.2mph	F	37	123
129	PREVETT, KEVIN	STAPLES, ON	RUNNER	49	00:44:33.93	14:20/m	4.2mph	М	58	49
130	CHANDRA, FOUAD	TECUMSEH, AR	RUNNER	89	00:44:40.30	14:22/m	4.2mph	M	25	89
131	GAGNON, HEATHER	KINGSVILLE, ON	RUNNER	23	00:44:57.00	14:28/m	4.1mph	F	36	23
132	PREVETT, TERRI	TECUMSEH, ON	RUNNER	51	00:45:00.83	14:29/m	4.1mph	F	54	51
133	VANDEBOVENKIMP, YVONNE		RUNNER	149	00:45:40.29	14:42/m	4.1mph	F	52	
134	WEBB, KEVIN		RUNNER	150	00:45:41.30	14:42/m	4.1mph	M	53	
135	LIU, TONGXI	WINDSOR, AR	RUNNER	106	00:46:33.93	14:59/m	4.0mph	M	48	106
136	YIN JIANG, WEI	WINDSOR, AR	RUNNER	129	00:46:34.09	14:59/m	4.0mph	F	43	129
137	MILLER, AL	BELLE RIVER, ON	RUNNER	38	00:46:47.38	15:03/m	4.0mph	M	48	38
138	MILLER, KRISTA	BELLE RIVER, ON	RUNNER	39	00:46:47.60	15:03/m	4.0mph	F	47	39
139	HAWKINS, KEITH	AMHERSTBURG, AR	RUNNER	101	00:47:47.41	15:23/m	3.9mph	M	52	101
140	PARK, RACHEL		RUNNER	144	00:48:18.11	15:33/m	3.9mph	F	56	
141	LYNN, LINDA		RUNNER	145	00:48:19.99	15:33/m	3.9mph	F	59	
142	STEVENSON, CHARLENE	TECUMSEH, AR	RUNNER	125	00:49:01.70	15:46/m	3.8mph	F	48	125
143	PARDO, VICKY	MCGREGOR, AR	RUNNER	116	00:49:26.60	15:54/m	3.8mph	F	50	116
144	BEAUDOIN, JULIE	WOODSLEE, AR	RUNNER	87	00:50:08.49	16:08/m	3.7mph	F	53	87
145	BAKER, MATT	AMHERSTBURG, ON	RUNNER	5	00:50:26.81	16:14/m	3.7mph	M	44	5
146	BAKER, ERIN	AMHERSTBURG, ON	RUNNER	4	00:50:28.58	16:14/m	3.7mph	F	44	4
147	MILLER, AMY		RUNNER	157	00:54:50.61	17:39/m	3.4mph	F	34	
148	RENAUD, SHAYNA		RUNNER	158	00:54:58.75	17:41/m	3.4mph	F	26	
149	VARGAS, EDDIE	WINDSOR, AR	RUNNER	128	00:55:23.94	17:49/m	3.4mph	M	53	128
150	REARDON, ROGER	WINDSOR, AR	RUNNER	120	00:55:25.72	17:50/m	3.4mph	M	63	120
151	MELOCHE, ANNETTE	AMHERSTBURG, AR	RUNNER	113	00:55:59.88	18:01/m	3.3mph	F	52	113
152	MACERA, LEA	LASALLE, AR	RUNNER	109	00:56:00.04	18:01/m	3.3mph	F	43	109

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